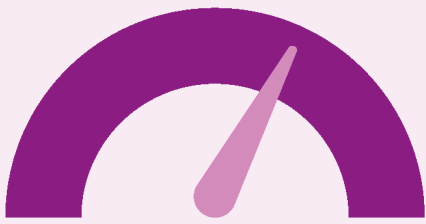




### REQUESTS FOR HELP MORE THAN DOUBLED



In comparison to 2021, we helped **78% MORE** people find mental health care providers.

### 4.3 MILLION SUPPORT INTERACTIONS

The total number of calls, texts, and emails made on behalf of employers and families to coordinate care equates to **47 YEARS** of time!

#### TOP BARRIERS TO FINDING COMMUNITY-BASED PROVIDERS



**Long Wait Times**



**Personal Capacity**

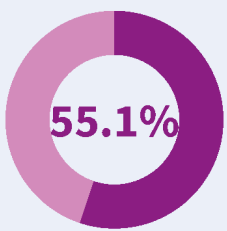
including not having time to make calls or follow-up



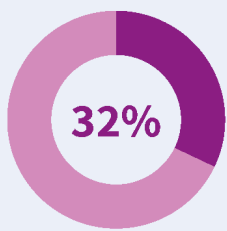
**Insurance**

including private, public, and no insurance

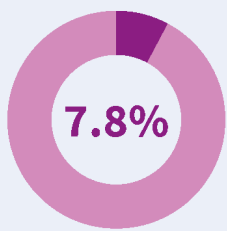
Additional responses included social stigma and not accepting help (8%), language barriers (3%), and specialization fit (2%).\*



**Private**



**Public**



**None**

#### REMOVED THE BARRIERS

Despite the increased demand and provider shortage, we connected to care faster than the national average.

### <15 MINUTES

time to connect with an individual after a request for help is received

### 5 DAYS

average time to match with available providers

### 300K+ PROVIDERS

total number of mental health care providers in our database

We navigated options for **all insurance needs**, including Medicaid, Medicare, and sliding scale options for those without insurance.

#### TOP MENTAL HEALTH CONCERNS

- Anxiety 26%
- Depression 22%
- Trauma 16%
- Disruptive Behaviors 10%
- Suicidal Ideation 5%

#### TOP SUBSTANCE USE CONCERNS

- Marijuana 38%
- Alcohol 27%
- Inhalants 14%
- Stimulants 8%
- Opioids 6%

**91%**

Of the mental health professionals who know and had enough time to see progress, 91% said they saw improved outcomes for individuals they referred, such as improved well-being, behavior, and performance, since onboarding with Care Solace.\*

**600+** Institutions  
**15M** Individuals Served